

# October Menu 2021

Sun      Mon      Tue      Wed      Thu      Fri      Sat

**Breakfast**  
 Monday - Cereal/Oatmeal  
 Tuesday - Eggs & Toast  
 Wednesday - Cheese Toast  
 Thursday - Sausage Biscuit  
 Friday -Pancakes/French Toast



1  
**SACK LUNCH**

**PM Snacks**

3  
**AM Snacks**  
Monday  
 Fruit & Yogurt

4  
 Chicken Salad  
 w/Crackers  
 Mandarin  
 Oranges  
 Milk

5  
 Spaghetti  
 w/Meat Sauce  
 Green Beans  
 Peaches  
 Milk

6  
 Turkey Cheese  
 Rollups  
 Cucumbers  
 Pineapple  
 Milk

7  
 Grilled Cheese  
 Tator Tots  
 Mixed Fruit  
 Milk

8  
**SACK LUNCH**

Tuesday  
 Veggie  
 Straws  
 w/Ranch

Tuesday  
 Muffins

11  
 Pasta Salad  
 Mandarin  
 Oranges  
 Milk

12  
 BBQ Chicken  
 Broccoli  
 Pears  
 Milk

13  
 Taco Soup  
 Cornbread  
 Sliced Apples  
 Milk

14  
 Chicken  
 Tenders  
 Broccoli  
 Pears  
 Milk

15  
**SACK LUNCH**

Wednesday  
 Chips & Dip

Wednesday  
 Cinnamon  
 Biscuit

18  
 Chicken Salad  
 w/Crackers  
 Mandarin  
 Oranges  
 Milk

19  
 Spaghetti  
 w/Meat Sauce  
 Green Beans  
 Peaches  
 Milk

20  
 Turkey Cheese  
 Rollups  
 Cucumbers  
 Pineapple  
 Milk

21  
 Grilled Cheese  
 Tator Tots  
 Mixed Fruit  
 Milk

22  
**SACK LUNCH**

Thursday  
 Bagels  
 w/Cream  
 Cheese

Thursday  
 Pigs in a  
 Blanket

25  
 Pasta Salad  
 Mandarin  
 Oranges  
 Milk

26  
 BBQ Chicken  
 Broccoli  
 Pears  
 Milk

27  
 Taco Soup  
 Cornbread  
 Sliced Apples  
 Milk

28  
 Chicken  
 Tenders  
 Broccoli  
 Pears  
 Milk

29  
**SACK LUNCH**

Friday  
 Pretzels  
 & Dip

31

